



3D SPORTS LIFE COACHING

LIFE TRAINING ACADEMY

**What adventure is
“Next” for you?
Are you ready to embrace
the Power of Your Story?**



THE POWER OF YOUR STORY

Uniquely Designed for Private Groups

Based on all that you know about yourself, what is the moral of your life story?

Your life story has some amazing chapters; they reveal truths that define who you are personally and professionally. Your experiences help you to understand the positive influences and crucibles in your life that mold your values and behaviors.

**Are you ready to explore how your story plays a small role in something so much bigger than yourself?
What adventure do you want to write as your next chapter. . .**



(Click on Each Book for Examples of Adventure Retreats)

Retreat Details:

Each Retreat is uniquely designed by Carlette to meet your group's desired outcomes.

Once the date, location and number of days are finalized, Carlette creates your group's Life Coaching Curriculum. This curriculum incorporates the destination's culture, local guest speaker's stories and challenges each person in your group to embrace the power of their story.

Recommended Format:

5 Day International Destination Adventure

Follow Up Quarterly Coaching:
4 Day US Destination Adventures

Desired Outcome: Continue the Coaching Experience - as a group, each person, is supported as they implement the new ideas inspired by the International Retreat and learn how to work as a group to overcome the Performance Barriers that get in the way of living a life 4 significance, personally and professionally.