



3D SPORTS LIFE COACHING

LIFE TRAINING ACADEMY

CHOOSE GREATNESS

Our lives are about the choices we make.
Once we make a choice, the choice starts
to create our lives.

*With every decision you make, are you
choosing greatness?*



Carlette Patterson is an internationally recognized Sports Life Coach, a professional speaker, and the CEO of Patterson Sports Ventures, a company committed to equipping people to become Agents of Change utilizing the language and power of sports. Carlette is committed to "Coaching for Significance" and draws on her personal challenges and triumphs combined with 20+ years of senior leadership in professional, collegiate, and amateur sports organizations to ignite purpose and passion within her clients.

AS AN AGENT OF CHANGE, Carlette has developed and implemented a Sports Life Coaching curriculum being used by:

- Arizona State University Women's Basketball
- Arizona State University Women's Golf
- Northern Arizona University
- West Point Women's Soccer
- Professional coaches and athletes, US and internationally
- New Zealand Academy of Sport and Quantum Sports

Carlette has developed "Sports Life Coaching" courses, workshops, and certification:

- **3D Sports Life Coach Certification** trains retired, professional athletes, and coaches to become 3D Sports Life Coaches
- **The Character Code Game** is a life skills and character building game that combines the fundamentals of sports and life for children ages 8-12.
- **The Life Training Academy** introduces people to the power of training "4 significance" and equips them with the tools needed to overcome life's toughest challenges. Sports Life Coaching is not just for athletes and teams; it is for anyone who has a desire to train for a life on purpose.

Carlette is the author of the book, *I Thought We Had Forever - A Love Story*. Their love story began when a retired NBA player Steve Patterson took a blank piece of paper and penned a collection of love letters that changed the course of many lives. Carlette, holds onto her family as her five-year-old daughter is forced to understand grief, her young adult daughter finds her way back from drug addiction, and her oldest daughter navigates life with Aspergers. Experience their raw emotions as they search for hope, hanging on to their faith and finding a love more powerful than pain.

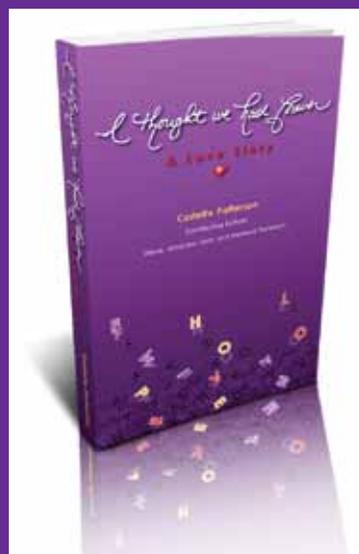


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AGENT OF CHANGE

For more information:

www.pattersonsportsventures.com



For more information:

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